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FROM SENSEI

It's a New Year!

Looking forward to new drills, and lessons in 2011, but the biggest event will be Black Belt Testing. Catch a preview on Feb 19. PLEASE everyone attend. I will put out feelers for am or pm Demo at SFX location on Hwy 92 Roswell Ga.

JFK-
 all students
 PARENT
 DEMO
 2.19.2011
 @ SFX

STUDENT OF THE MONTH



Jack Weston

December 2010

Jack Weston-Yellow Stripe. Jack has been working very hard in the last 2 years in Karate. He comes to class every week ready and excited to begin training. He has picked up his kicking and punching techniques very well. This year we started to put them together in Kata (forms). This did not come as easy for Jack. He learns best by watching the techniques being performed, then trying himself. With his first Kata he was *Very* determined. Watching, practicing, watching, and practicing. When he learned the Kata he was very proud of himself. This was a great achievement! Jack now will pass his Yellow Belt test with ease in the next few weeks.

Windward Academy Location



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Holiday



Sushi Nite at SFX: Jada, Rebecca, Danny, Matt, Merci, Aidan

Congratulations RANK PROMOTIONS

- MK YOCKEL-YELLOW STRIPE
- MORGAN KELSEY-BLUE BELT
- CHARLOTTE RENEE-RED BELT
- LOGAN HANNON-RED BELT
- RYAN TOBIAS-RED BELT
- CARTER MACKES-YELLOW STRIPE
- ETHAN MARINER-YELLOW STRIPE
- WILL GIESLER-BLUE BELT
- ALEX ROMICH-YELLOW STRIPE
- MARCUS GOMEZ-RED BELT
- ESRA ALJARAHA-RED BELT
- JOHANNA ROMERO-RED BELT